

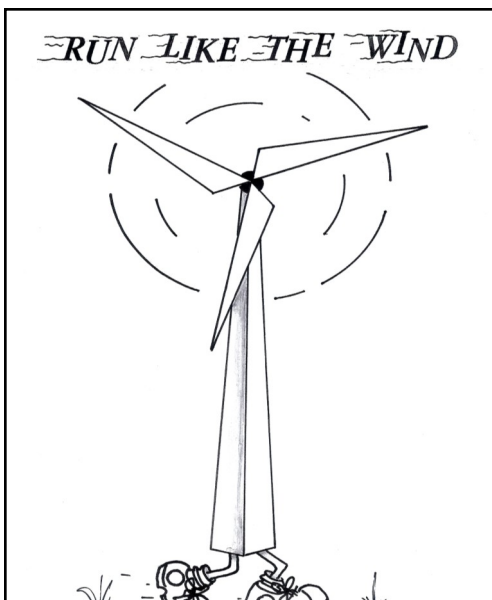
# RUN LIKE THE WIND 5K AND MAIN STREET 300 YARD DASH

October 30, 2010  
300 Yard Dash at 5:45 PM  
5K Run/Walk at 6:00 PM

Located at 91 Main Street in historic and quaint  
Old Town Warrenton, Virginia.

**Proudly Sponsored by Country Chevrolet and  
Warrenton Presbyterian Church**

The Warrenton Presbyterian Church is hosting the second annual 5K run/walk to assist the Bethlehem Ministry in raising funds for a windmill to power the L'Ecole St. Barthelemy. Last year we were able to purchase solar panels to supply the clinic with much needed electricity and this year we plan to repair the damage to electrical equipment from the January earthquake and supply them with consistent power from a windmill for the school. Over \$10,000 was raised in last year's Light UP the Clinic 5K and our goal this year is \$20,000. Won't you join us in making a difference in Terrier Rouge, Haiti?



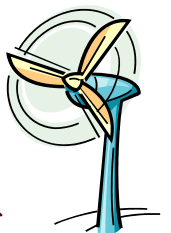
*THIS Community for THAT Community*

The 5K course is a certified course by USATF.

Runners are strongly advised to wear a head lamp or carry a flashlight to assist while running at dusk. Warrenton Presbyterian Church will not supply flashlights but will take extra precaution to light the race route appropriately.

Awards will be given to the top male and female finishers in both the 5K and the Main Street Dash along with age group awards to the 5K finishers.

Runners and Walkers must finish within the one hour time limit.



Name: \_\_\_\_\_ Age \_\_\_\_\_

Address: \_\_\_\_\_

City, State \_\_\_\_\_ Zip Code \_\_\_\_\_

Work Phone: \_\_\_\_\_ E-mail Address \_\_\_\_\_

Male \_\_\_\_\_ Female \_\_\_\_\_ T-Shirt Size: XL L M S or Youth L M S

I'd like to donate my t-shirt to the people of Terrier Rouge.

5K Walk/ Run Registration Fee ( Before 10/10) \$25/person

5K Walk/ Run Registration Fee (After 10/10) \$30/person (t-shirt not guaranteed

Main Street 300 Yard Dash ( Before 10/10) \$15/child 12 and under

Main Street 300 Yard Dash (After 10/10) \$25/child 12 and under (t-shirt not guaranteed)

Online payments through active.com accept credit card payments.

**Please make checks payable to:** Warrenton Presbyterian Church

Mail registration form and payment to:

Warrenton Presbyterian Church

91 Main Street

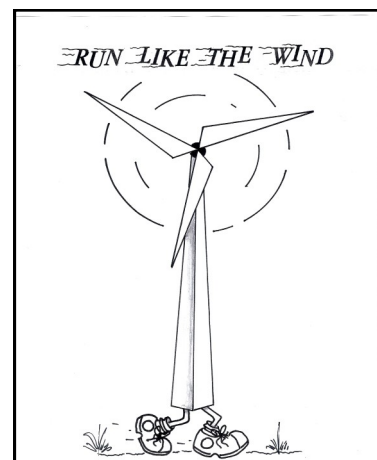
Warrenton, Va. 20186

or register online at

[www.wpcva.org](http://www.wpcva.org)

or [www.active.com](http://www.active.com)

**Visit us online at [www.Runhaiti.org](http://www.Runhaiti.org)**



**Waiver Must be Read and Signed Before Participating in Race:**

I know that running is a potentially hazardous activity. I should not enter or run in this event unless I am medically able and properly trained. I agree to abide by any decision of a race official relative to my ability to safely complete the run. I assume all risks associated with running in this race including, but not limited to, falls, contact with participants, the effects of weather, including high heat or humidity, the conditions of the road and traffic on the course, all such risks being known and appreciated by me. Having read this waiver and in consideration of your acceptance of the application, I, for myself and anyone entitled to act on my behalf, waive and release the Town of Warrenton, Warrenton Presbyterian Church, all sponsors and their representatives from all claims of liabilities of any kind, including any claims arising out of negligence of the aforementioned parties, arising out of my participation in this event. I grant permission to all of the foregoing to use any photographs, motion pictures, recording, or any other record of this event for any legitimate purpose.

Signature

Date

Parent's Signature if under 18